Basically every model have their own working mechanism. In waterfall model, each phase must be completed before the next phase begins so that there is no overlapping in the phases but whereas in spiral method, a software project undergoes four phases i.e design, construct, evaluation and risk analysis repeatedly.

Incremental Model is a process of software development where requirements divided into multiple standalone modules of the software development cycle. In this model, each module goes through the requirements, design, implementation and testing phases. Whereas in the Iterative model, iterative process starts with a simple implementation of a small set of the software requirements and iteratively enhances the evolving versions until the complete system is implemented and ready to be deployed.

The V-Model is an extension of the waterfall model  where execution of processes happens in a sequential manner in a V-shape. This means that for every single phase in the development cycle, there is a directly associated testing phase. Agile SDLC model is a combination of iterative and incremental process models with focus on process adaptability and customer satisfaction by rapid delivery of working software product. Agile Methods break the product into small incremental builds which are provided in iterations.